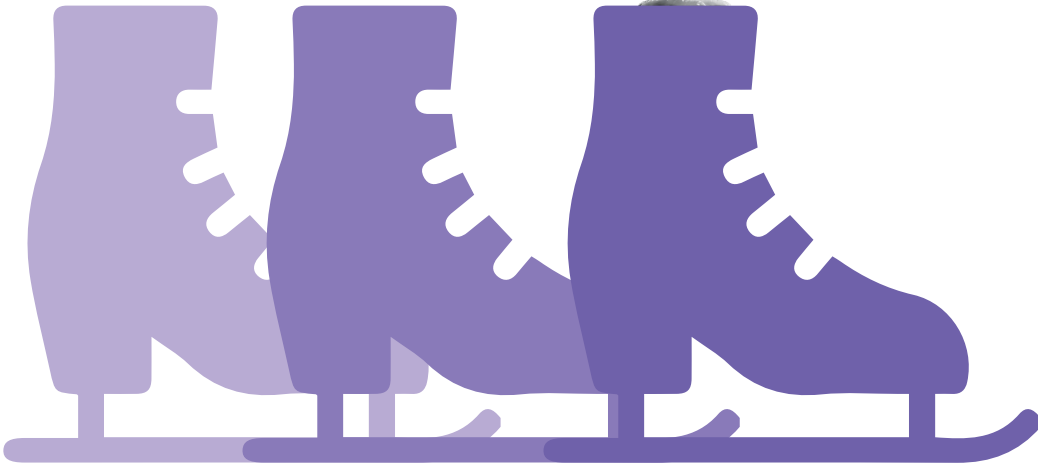


GET MOVING!

Get moving through
the museum.

Stroll, sway and
stomp through
the galleries as
you learn about
the past.

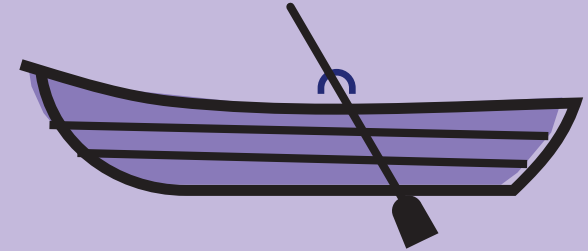
FREE
FAMILY
TRAIL



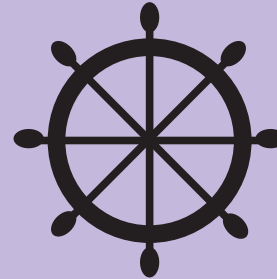
FLOOR 3

FOYER

Find the boat. Do you
see its oars? People used
them to row this boat on
the River Thames.



Can you pretend to row
a boat like this one? Sing
a song about boats and
rowing as you work.



NO.1 WAREHOUSE

Ships brought goods like
tea, coffee and spices to
warehouses. Dockers used
ropes to move the heavy boxes
from the quayside into the
warehouse.

Imagine you are a docker. Pull
pretend ropes up and down,
moving the boxes! How many
can you move? Heave-ho!

LEGAL QUAY

Look up. Can you see a man in the
wheel? He is running in it to power
the crane. The crane then moves
heavy boxes and barrels that are too
big for dockers to lift.

Can you run quickly like him? Run on
the spot to see. Ready, steady, go!



FLOOR 2

WAREHOUSE OF THE WORLD

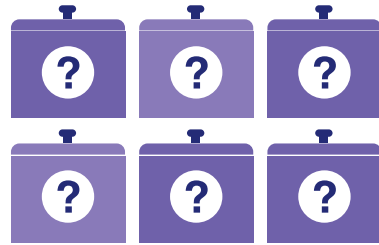
Find the table with boxes of spices to smell. Which is your favourite?

Pretend to mix the spices together to make a cake. Swish your arms to stir, first fast then slow. Mix, mix, mix!

DOCKLANDS AT WAR

In times of trouble, Londoners came together to help each other. Some were soldiers who worked hard to keep the city safe.

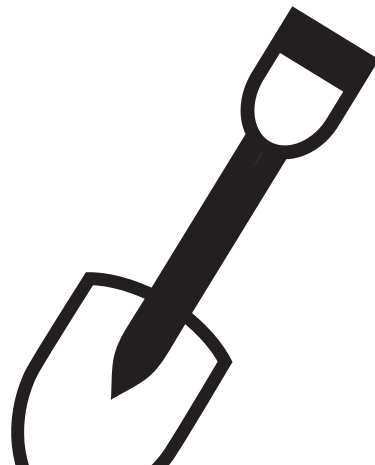
Pull on your boots and march through the gallery like a soldier! Stomp, stomp!



NEW PORT, NEW CITY

When Underground stations are being built, archaeologists sometimes find objects used long ago.

Pretend you are digging to discover ancient objects. Can you bend up and down, shovelling the dirt?



FLOOR 2

CITY AND RIVER

Long ago, the River Thames would freeze and Londoners held frost fairs. There, people could buy food, play games and even ride horses across the frozen river!

Glide through the gallery like you are ice skating or gallop like you are on a racing horse. Clip-clop, clip-clop!

FIRST PORT OF EMPIRE

Can you find the fire engine? It looks very different to the ones we use today.

Imagine there is a fire. Can you save the museum? Move back and forth, swaying through the gallery, putting the fire out with your hose. Don't miss any flames!



SAILORTOWN

Sailors often stayed in Sailortown before returning to sea. Here, they visited pubs, shops and lodging houses.

Skip through the gallery like a sailor on a day out. It can be tricky—especially if you don't have your land legs!

